



Event Riders Guide

Victorian Interschool Cycling Series Round 4



Introduction

The Victorian Interschool Cycling Series is a new seven-race series of closed-road cycling events, run by Cycling Victoria and a dedicated group of behind the scenes volunteers. The catalyst for VICS was a meeting between Simon Gerrans, Cycling Victoria and a number of cycling parents where the question was asked: what can be done to assist the recognition of cycling as a safe and accessible school sport?

The event will be round 4 of the series and will feature an individual hill climb time trial.

1. Race Overview

Aspect	Detail																																										
Date	Saturday 3 rd of February Setup will begin at 12:30pm. Registration will open at 1:30pm at Arnold Gap car park and racing commence at 3:00pm. The last group will finish at 3:50pm.																																										
Course or Circuit	The course will be a climb up Lake Mountain from Arnold Gap Car Park and finishing at the finish of the Herald Sun Tour stage 3.																																										
Format	Individual time trial, riders will go off in waves and will stick to the left hand side of the road. Only 7 riders per wave.																																										
Race	<table><tr><th>Wave</th><th>Start Time</th></tr><tr><td>1</td><td>15:00:00</td></tr><tr><td>2</td><td>15:00:30</td></tr><tr><td>3</td><td>15:01:00</td></tr><tr><td>4</td><td>15:01:30</td></tr><tr><td>5</td><td>15:02:00</td></tr><tr><td>6</td><td>15:02:30</td></tr><tr><td>7</td><td>15:03:00</td></tr><tr><td>8</td><td>15:03:30</td></tr><tr><td>9</td><td>15:04:00</td></tr><tr><td>10</td><td>15:04:30</td></tr><tr><td>11</td><td>15:05:00</td></tr><tr><td>12</td><td>15:05:30</td></tr><tr><td>13</td><td>15:06:00</td></tr><tr><td>14</td><td>15:06:30</td></tr><tr><td>15</td><td>15:07:00</td></tr><tr><td>16</td><td>15:07:30</td></tr><tr><td>17</td><td>15:08:00</td></tr><tr><td>18</td><td>15:08:30</td></tr><tr><td>19</td><td>15:09:00</td></tr><tr><td>20</td><td>15:09:30</td></tr></table> <p>Start List to be released on Thursday once the entries close on Wednesday Night</p>	Wave	Start Time	1	15:00:00	2	15:00:30	3	15:01:00	4	15:01:30	5	15:02:00	6	15:02:30	7	15:03:00	8	15:03:30	9	15:04:00	10	15:04:30	11	15:05:00	12	15:05:30	13	15:06:00	14	15:06:30	15	15:07:00	16	15:07:30	17	15:08:00	18	15:08:30	19	15:09:00	20	15:09:30
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Presentations	<p>To be presented at the main stage of the Herald Sun Tour. At 4:00pm to 4:20pm</p> <p>Place getters and series leaders will meet Alan Mok at the side of the main stage at 3:50pm</p>																																										

Leaving the Mountain

There will be limited opportunities to leave the mountain. (only from Arnold Gap Car Park)

We would like all participants to stay and watch the end of the climb. Once the rolling road closure passes then there will be opportunities to leave.

The scheduled time for the Herald Sun Tour to finish is 5:00pm

Race Organiser

Alan Mok

Development Coordinator Cycling Victoria

8480 3077 / 0422 328 828

Alan.mok@cycling.org.au

2. Race Set Up

Racing requires the deployment, management and coordination of several essential elements, these include:

Role	Name	Contact	Location
Event Manager	Alan Mok	0422 328 828	Start
Event Coordinator	Dylan Thompson		Start
Timing Operator	John Nicolson		Finish
Judge	Renata Farrah		Finish
Chief Commissaire	Jamie Hanson		Start
Clerk of Course	Lance Wearn		
Starter	Charlotte Herman		Start
Registration x 2	April		Start
Bike Marshal x 2	Justin, Kallum, Saffon		Course

Start Line

From Arnold Gap Car Park

Course Plan

The Course Plan is attached (Attachment A)

Parking

Parking will be at the Arnold Gap car park (on Lake Mountain Road) or the top of Lake Mountain.

Toilets and Amenities

Toilet facilities are located in the at the finish line

Course Map

4.5km Hill Climb

