

# RIDER GUIDE Round 6 Criterium: Yarra Boulevard





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### **Welcome:**

Welcome to the Victorian Interschool Cycling Series (VICS)!

This is the Sixth of 7 events in the 2017-18 series. The event is a Criterium at the Yarra Boulevard 'Tear Drop' loop (see the map on p. 5).

### **Event Location:**

The event will be held at the Yarra Boulevard 'Tear Drop' loop, near the entrance to Yarra Boulevard from Studley Park Rd, Abbotsford.

## Parking:

Parking is available on Yarra Boulevard.

### **Entries**

Entries close at 11.59pm on Wednesday 14<sup>th</sup> of February

# Membership:

All participants must have a current Cycling Australia Gold Membership to race. If you do not have a membership you can purchase a 3-ride permit for \$40. If you require a permit you will need to email <a href="mailto:Alan.Mok@cycling.org.au">Alan.Mok@cycling.org.au</a>.

# **Registration:**

Upon arrival at the event village, riders must present their membership card (or email receipt of purchase) and receive their transponder and bib number. Riders must register at least 45 minutes before the start of their race. Bib numbers must be returned to registration after racing.

# **Bib Numbers & Transponders:**

Bib numbers must be attached to the **back and left hip**. Each rider receives two bibs. Transponders must be fixed to the lower fork with the zip ties provided (there is a diagram provided in your rider pack).



### Food and Drink

There will be food or drink available at the teardrop this Saturday.

## **Technical Regulations:**

Regulations surrounding the suitability of equipment will be in accordance with current Cycling Australia Technical Regulations\* with the following exceptions/clarifications:

- •Roll out distances (junior gear restrictions) are not enforced at VICS events.
- •Only Cycling Australia approved standard road bicycles for all events [No TT specific bicycles for either ITT or TTT events]
- •TT clip on bars will be permitted for ITT and TTT events
- Carbon wheels will be accepted at a maximum rim depth of 50mm for all events
- •All helmets must be Australian Standards compliant [For more information on helmet standards please visit: http://cyclingtips.com.au/2013/04/australian-helmet-standards-what-you-need-to-know/]

### **Event Start Times & Presentations**

The course distance is 1km.

Time	Grade	Allocation
9am	Junior Female and Male B Grade	20 mins + 2 laps
9.30am	Junior Male A and C Grade	20 mins + 2 laps
10am	Senior Female and Male C Grade	25 mins + 2 laps
10.40am	Senior Male B & E Grades	25 mins + 2 laps
11.15am	Senior Male A & D Grades	25 mins + 2 laps
11.45am	Presentations	

<sup>\*</sup>Please see <u>Cycling Australia 2013 Technical Regulations for Road and Track</u>: http://cycling.org.au/Portals/10/Rules%20and%20Policies/2013%20Technical%20Regulations%20update%20as%20at%2001042013.6.pdf



# First Aid / Medical:

Medical support will be provided by St Johns. A mobile medical team will be on course at all times to attend to any medical issues.

# **Location:**



# Thankyou:

This event would not be possible without the support of the following organisations:

- Subaru
- VICS Organising Committee members
- Event Commissaires
- St Kevins