

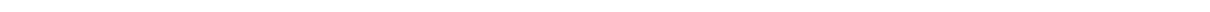


## **RIDER GUIDE**

### **Round 7**

#### **The Final – Casey Field**

#### **Team Time Trial – Criterium**



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## Welcome:

Welcome to the Victorian Interschool Cycling Series (VICS)!

This is the final event of the 7 events in the 2017-18 series. The event is a team time trial and Criterium at Casey Fields Criterium Track, on the 4th of March.

## Event Location:

The event will be held at the Casey Fields Criterium track. Turn off Berwick-Cranbourne Rd and follow the signs within the complex to the Criterium track.

## Parking:

Parking is available next to the track. There are little Athletes on that same day; therefore Casey Fields will be very busy.

## Entries

Entries will close 11.59pm on Wednesday the 28<sup>th</sup> of February. Teams need to be sent Cycling Victoria by 11am on Thursday the 1<sup>st</sup> of March.

There are no on the day entries.

## Membership:

All participants must have a current Cycling Australia Race Membership to race. If you do not have a membership you will need to either purchase a gold membership or a 3-ride permit. Please contact [Alan.Mok@cycling.org.au](mailto:Alan.Mok@cycling.org.au) if you need a 3-ride permit.

## Registration:

Upon arrival at the event village, riders must present their membership card (or email receipt of purchase) and receive their transponder and bib number. Riders must register at least 45 minutes before the start of their race. **Bib numbers must be returned to registration after racing.**

## **Food and Drinks**

Food and drinks will be available for purchase.

## **Bib Numbers & Transponders:**

Bib numbers must be attached to your back. Each rider receives one bibs. Transponders must be fixed to the lower fork with the zip ties provided.

## **Technical Regulations:**

Regulations surrounding the suitability of equipment will be in accordance with current Cycling Australia Technical Regulations\* with the following exceptions/clarifications:

- Roll out distances (junior gear restrictions) are not enforced at VICS events.
- Only Cycling Australia approved standard road bicycles for all events [No TT specific bicycles for either ITT or TTT events]
- TT clip on bars will be permitted for ITT and TTT events
- Carbon wheels will be accepted at a maximum rim depth of 50mm for all events
- All helmets must be Australian Standards compliant [For more information on helmet standards please visit: <http://cyclingtips.com.au/2013/04/australian-helmet-standards-what-you-need-to-know/>]

*\*Please see Cycling Australia 2013 Technical Regulations for Road and Track:*

*<http://cycling.org.au/Portals/10/Rules%20and%20Policies/2013%20Technical%20Regulations%20update%20as%20at%2001042013.6.pdf>*

## **Event Start Times and Distances:**

### **Team Time Trial**

11:30am - Junior Female

11:34am - Junior Male

11:50am – Senior Female

11:55am Senior Male

- Subject to change due to the number of teams

Laps – Juniors 5 laps 11km

Seniors 7 laps 15.4km

### **Criterium**

1:45pm – Junior Female A and Junior Male B

2:15pm – Junior Male A/C

2:45pm – Senior Female and Senior Male C

3:15pm – Senior Male B/E

3:45pm – Senior Male A/D

4:15pm – Presentation

Distance – Junior 20mins + 1 lap

Senior 25mins + 1 lap

### **Presentations:**

Will be held at the end of the days racing at approximately 4:15pm.

### **First Aid / Medical:**

Medical support will be provided by St Johns. A mobile medical team will be on course at all times to attend to any medical issues.

### Location:

Casey Fields, 160 Berwick - Cranbourne Road, Cranbourne East



### **Thankyou:**

This event would not be possible without the support of the following organisations:

- Total Rush
- Scott
- VICS Organising Committee members
- Event Commissaires
- All the volunteers
- All the schools
- All the riders